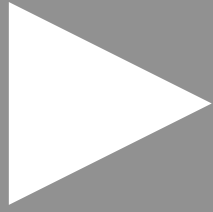


DAY 19

TIME TO

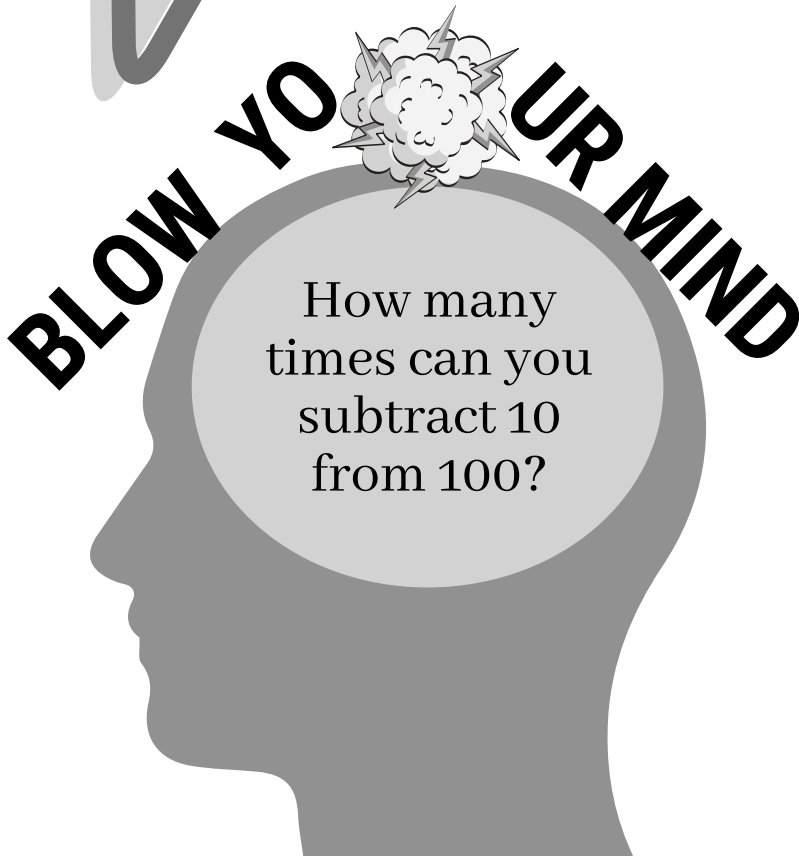


PLAY

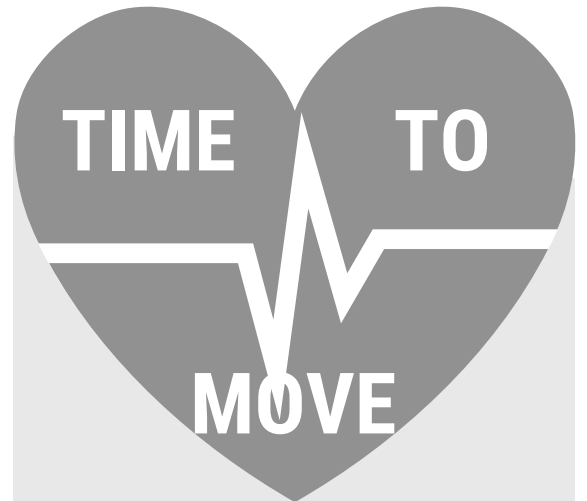
Pick a letter of the alphabet. Then, walk around your home and count how many things you can find that start with that letter. For example, if I pick "A" I might be able to find an *apple* and an *airplane toy* and an *alligator picture*. Write them down if you want. Pick a different letter. What letter has the most items.

TALK ABOUT IT

Ask someone, "What was a time when you really had to persevere to do something?"



How many times can you subtract 10 from 100?



Get in a bear crawl position (both hands feet flat on the ground, on your tiptoes, and your butt high in the air). Now put one foot behind your other leg so you're only on one foot. How far can you go? Switch legs.