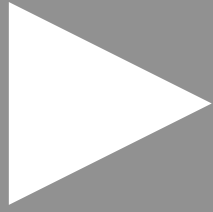


DAY 17

TIME TO

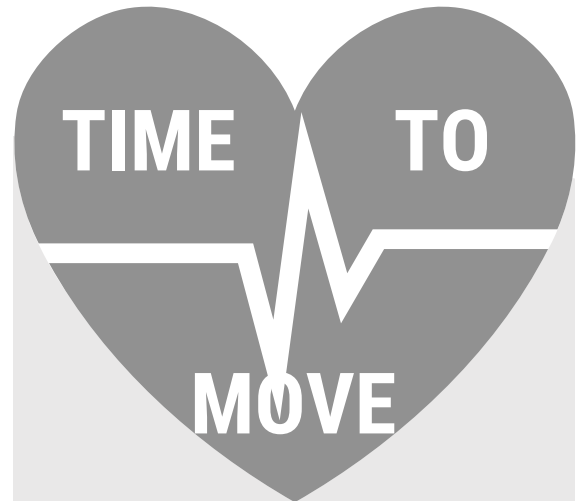


PLAY

Get a piece of paper and tear it into 50 pieces. Ball up each of those pieces. Hide them all around your home so that you can't see any of them. You also can't hide any of them in the same spot. Once they're all hidden, time yourself to see how fast you can find them. Honestly, you probably can't remember where they all are!

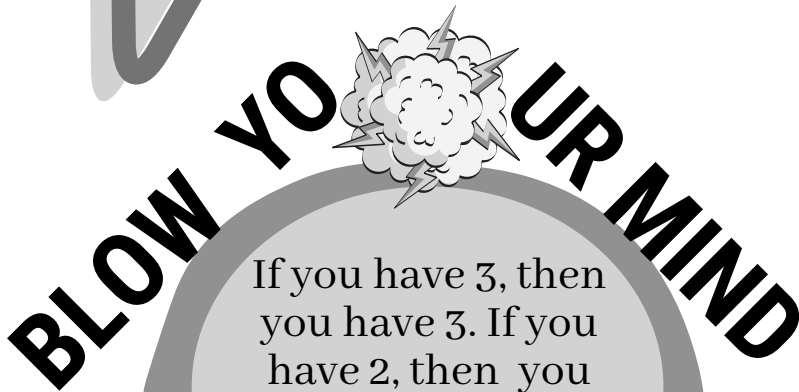
TALK ABOUT IT

Ask someone, "What is your biggest passion in life?"



Sit in a seat with both feet flat on the ground. Touch your left knee with your right foot. Then touch your right knee with your left foot.

Time how long it takes you to do 100 knee touches. Then, beat that time.



If you have 3, then you have 3. If you have 2, then you have 2. If you have 1, then you have none. What is it?