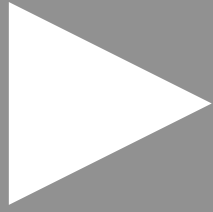


# DAY 9

## TIME TO

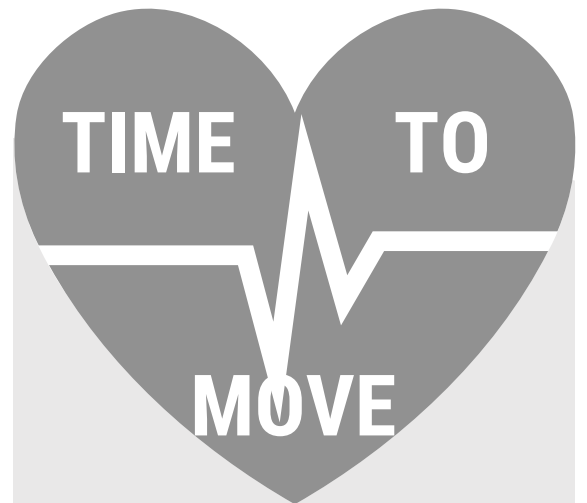


PLAY

How long can you balance a book on your head?  
Can you do it for a minute? How long can you  
do it while walking around without stopping?  
How many times can you spin in a circle before  
it falls off?

## TALK ABOUT IT

Tell as many people as  
you can what your  
dream is.



Sit down and put  
both feet flat on the  
floor. See how many  
times you can touch  
a foot to your  
opposite knee in 1  
minute (so, left foot  
to right knee and  
then right foot to left  
knee).

