

# DAY 8

Recognize.

You have to learn to recognize what your dream is.

First, to recognize means to be aware of something, to know what it is. You can't chase your dream unless you know what it is, and if you don't know what your dream is (or at least have an idea of what it might be), then things will lack purpose. And, if anything lacks purpose, you won't care about it like you should. You'll give less than your best effort, because if you can't connect it to a purpose then there's no reason to really care much about it. That means learning to recognize your dream is critical.



How do you recognize your dream?

Recognize your dream through your passion. A passion is something that you really care about, that you have a strong desire to do. So, think about what you love to do. What makes you happy by doing it?

**What makes you happy? What do you care about?  
List as many things as you can in the box below.**

Identifying your passions and thinking about what makes you happy orients you to face the right direction in your mind and your heart. And guess what, if you're facing the right direction, all you have to do is look far enough in that direction and you'll see your dream.

It's that simple - focus on what makes you happy and what you love to do and then look that direction as far as you can. Your dream will be there. It might not be completely clear. It might be blurry or fuzzy like an unfocused picture, but it's there, and if you just start going that way and taking some steps, it will get more and more and more clear.

Learn to recognize what your dream is. Identify your passions, face the right direction, and look.