

DAY 7

Dreams.

What do we really mean in Dream Chasers when we talk about dreams? We mean your aspirations, your ambitions, your purpose. We mean that thing deep inside of you that you feel like you're supposed to *do* or *be* in life.



You might not know what your dream is. Maybe you've never thought about it before. Maybe you think you're too young to know something like that, or maybe you feel like everybody else has it figured out and you're the only one who doesn't have a clue. All of that is okay, and know that a lot of people feel just like you.

And rest assured, it's never too soon and it's never too late for your dream. It's always there for you. After all, it's yours. It's your dream, and it's not going anywhere. You're not going to miss it.

At the same time, if you don't know your dream, that means you're not chasing your dream, and if you're not chasing your dream, you're missing out on something great. You're missing out on something that gives every day and every *thing* a special purpose and meaning. So, the sooner you recognize your dream, the sooner you get to chase it.

Recognizing your dream starts with knowing yourself. What you like to do (your passions) usually point to your dream. You already spent time thinking about what you like to do (Day 2). So from that and *all* the things you know you like to do (even if you didn't put something on your list), use it to start to recognize what your dream might be. It's okay if you have one thing in mind or if you have lots of things. Or, you might not have anything you can think of. Know that you don't have to limit yourself to "one dream," and know that you don't have to have it figured it right now. But, you should at least try. Don't settle for not being able to think of anything. Think about it again. Ask someone who knows you really well what they think you'd be good at.

Think about your future and everything you could be. Don't worry about *how* or the things that are holding you back or might hold you back. Just dream. Let yourself dream of being and doing anything you want.

Think of 4 things you might want to do or be in life.

1.

2.

3.

4.