

DAY 2



Strengths.

There are things you're great at. We call them strengths. Maybe you're awesome at math, or a really good writer, or you can run super fast, or throw a ball hard, or you can sing great, or dance, or you're an amazing artist, or an expert origami folder, or a beast with video games. Maybe you're great at talking to people. Being organized. Crazy cool handwriting. Cooking. Making videos.

You get the idea. The list is just about endless.

Write down 4 strengths, things you're great at.

1.

2.

3.

4.

Passion.

There are things you like to do. They might be related to your strengths, or they might be completely different. For example, you might be great at math, but that doesn't mean you like it. Or, you might not be great at drawing, but you still love to do it.

A passion doesn't have to be a strength, and you don't even have to be good at it. A passion is just something you really like to do.



Write down 4 passions, things you really like doing.

1.

2.

3.

4.