

DAY 1

You.

Who are you?

Before we get into anything with chasing dreams or overcoming challenges, the first thing you have to know really well is... you.

Write down 4 words or phrases that best tell who you are.

1.

2.

3.

4.

Here are a couple of things we want you to know about you. You are who you are, and that's who you're supposed to be. Never think you have to change who you are. Never believe it if someone tells you you're not the right person. You are. Be you.

The whole idea of being a Dream Chaser is that based on who you are, you have *your* dream and you have to take *your* right steps to chase it. That means being true to who you are and being responsible to work on what you need to do.

YOU ARE
UNIQUELY
CREATED TO

be you

Do not try to change who you are to fit a dream. The dream fits you already.

When it comes to change, the only thing you should try to change is what you do, your actions. They're things like your habits and what you say and do, but never try to change who you are.

Accept who you are. Value who you are.

Be you.

How awesome do you think you are?

Circle below on the line of awesomeness.

● ————— ● ————— ● ————— ● ————— ●
NOT AT ALL A LITTLE PRETTY AWESOME A LOT COMPLETELY